A Research of Burnout Levels on Vocational School Students

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In the present study, the burn-out level of the students Vocational School of Social Sciences at Akdeniz University was determined and also the relation of some demographic variables with burn-out level was investigated. 376 students participated in the study. As data collection instruments, Burnout Measure (BM) developed by Pines and Aronson (1988) and demographic information form were used. The data collected from the sample were subjected to descriptive statistics and inferential statistics. The results were firstly tabulated using frequency and percentages. Later, independent t-test was used in order to examine two group differences while analysis of variance (ANOVA) was used to compare the means scores of more than two groups. For the pair-wise comparison, Post hoc with LSD was utilized to assess the source of significance.

Keywords: Pines and Aronson Burnout Measure, Burnout Level, Burnout, Vocational School Students, Management